



The Bagpiper



St. Andrew Presbyterian Church

Suffolk, Virginia

September 2024

A MESSAGE FROM THE SESSION

We share the information below with you as directed by PEVA. Compliance should not be an issue for us at St. Andrew as our dear Pastor Gillian will soon depart for Cape Coral, FL. The more pertinent question you may be asking yourself, is “Who do I go to for pastoral care concerns in the time between now and when we have an interim pastor in place?” In response, we provide the following guidance:

- Continue to contact **Beth Lyon-Suhring** for Prayer Chain request as in the past.
- Stephen Ministers, supported by Ruling Elders, will make hospital, nursing home and home visits, coordinated by **Angie Hillis-Baurle**. (More on Stephen Ministry, pg. 8)
- Counselling with Tidewater Pastoral Counseling will be provided as needed, paid for by the church.
- For any matter for which you would have previously called the pastor, contact **David McKercher**, Clerk of Session and Acting Head of Staff at 757-870-3362 or dmckercher1@gmail.com. He will be the central point of contact and make sure that your need is met. **Sonja Morrell**, Moderator of the Diaconate will be his back-up.
- Messages on the church phone will be checked daily and responded to as appropriate.

SUPPLY MINISTERS

August – September 2024

The St. Andrew Worship Elders are responsible for contacting and scheduling guest ministers to fill the pulpit until an interim pastor is established. At present, we have lined up the following guest ministers who will be visiting our church to share their message of hope with us each week through the end of September:

- 8/25/24 – Rev. Dr. Wilbur Douglass
- 9/1/24 – Rev. Csilla Lucskay
- 9/8/24 – Rev. Allen Kemp
- 9/15/24 – Rev. Dr. Wilbur Douglass
- 9/22/24 – Rev. Csilla Lucskay
- 9/29/24 – Rev. Dr. Jeff Bell

We look forward to meeting and worshipping with each of our visiting pastors in the coming months.

~ Doug Gordon & Shaun Nagy, Worship Committee Elders

ETHICAL RESPONSIBILITIES OF PASTOR AND CONGREGATION

(When a Pulpit Becomes Vacant)

One of the most important relationships Christians have is that between parishioners and pastor. This relationship is comparable to a family, especially when pastoral relationships are long and the bonds of affection run deep between a congregation and the pastor who has been with them during times of crisis and joy. It is very difficult for church members to understand that the relationship must change significantly when a pastor accepts a call to serve elsewhere or retires and that they must share their faith journey with another pastor whom God has called to fill that role. It is also difficult for the departing pastor, and especially for a retiring pastor, who has devoted so much of his or her life to ministry. As retirement is a challenging transition for all working people, it is more so in a profession where work and identity are so closely bound.

The Book of Order makes the following statement:

Former pastors, associate pastors and assistant pastors may officiate at services for members of a particular church, or at services within its properties, only upon invitation from the moderator of session or, in case of the inability to contact the moderator, from the clerk of session.

Nothing more needs to be added. We all know, however, that human nature being as it is, the following is directed by the Presbytery of Eastern Virginia (PEVA) through its Commission on Ministry:

TO THE SESSION OF THE CHURCH: The session should read and/or distribute this paper to the congregation, urging them to “let go” of the former pastor.

TO THE CONGREGATION: Church members should not request or expect any pastoral functions from the former pastor. It is embarrassing for the former pastor and is not ethically proper for members of the congregation to make request from their former pastor. It is best for all concerned that the interim pastor or the newly installed pastor be the person to whom members turn to for their pastoral needs.

~St. Andrew Session

RALLY DAY

The 2024-2025 Program Year Begins!



After a summer of more relaxed schedules, St. Andrew is gearing up for Rally Day, the traditional kickoff to the new program year.

Rally Day, to be held on **Sunday, September 8**, will take the form of a Ministry Fair again this year. Join us in the Atrium at 11:00am, immediately after worship, and browse among displays by many of St. Andrew's committees and organizations. Our hope is that you will have a chance to explore some of our ministries and discover places that your talents, interests, and curiosity could shine.

There is room for everyone's gifts and talents in the work of God in the world. There is room for everyone's voice in our classes. There is room for every age and every ability. Furthermore, we all benefit when everyone shows up!

Always wanted to work on quilts in a group? Come talk with the Prayers and Squares members. Curious about adult education? Our Sunday morning teachers will be there. Ever thought you might like to help with service projects like cupcake baking or the soup kitchen? Our Mission and Service Committee folks would love to talk with you. Many other committees and groups will also be there with displays and people eager to talk with you throughout the room.

You'll also find light refreshments, served with our Fellowship Committee's characteristic hospitality.

Our regular Sunday morning classes for all ages will begin the following Sunday, 9/15, at 11:00am in the education building.

~Beth Lyon-Suhring, Director of Christian Education

OFFICER & COMMITTEE UPDATES

The Nominating Committee for 2024-2025 was elected by the congregation at the called meeting after worship on August 11, 2024. Members are Ruling Elders **Doug Gordon** and **Bob Boyle**, co-chairs, and **Kevin Gray**, **Loyce Bryan**, **Susan Cox** & **Andrew Kowalski**.

Kevin Gregg was ordained as an elder on September 11, 2024 to fill an unexpired term in the Class of 2024 on The Finance Committee.

Please pray for God's guidance as these volunteers help to lead our church into the future.

SUNDAY ADULT CLASSES FOR FALL

We extend a warm invitation to join in our adult education program immediately following the Sunday worship service. Whether you've been studying scripture for years or are new to the faith, we welcome you to add your voice to our conversations when classes begin on September 15.

All classes begin at 11:00am immediately after the morning worship service and meet in the church's education building, directly behind the main building.

The Walk: 5 Essential Practices of the Christian Life by Adam Hamilton. Jesus' life reveals what it looks like to live a life with God. Author Adam Hamilton explores five essential spiritual practices that Jesus demonstrated, which enable us to grow personally and in the life of the church. Join us as we examine worship and prayer, study, service, giving, and sharing the Gospel with others. **The Jack Holladay Class**, led by **Frances Jornov**, meets in Room 206 on the second floor of the education building.

They Walked with God: 40 Bible Characters Who Inspire Us by Max Lucado. Each week the class will take a look at a different character in scripture, exploring their story in the context of their time. Author Max Lucado brings these characters to life and shares the crucial message: *if God can find a place for each character in the Bible, we can rest assured that he's carved out a spot for us too.* **The Homebuilders Class**, comprised of parents of children of all ages and led by **Karen & Mike Topping** and **Becky & Shaun Nagy**, meets in Room 101 on the first floor of the education building.

Being Christian by Rowan Williams. What do Christians have in common across history and denominations? Author Rowan Williams examines four essential components of Christian practice: baptism, Bible, Eucharist, and prayer. The class will explore how these practices affect both the corporate church and their own daily lives. **The Challenge of Faith Class**, led by **Steve Suhring**, meets in Room 204 on the second floor of the education building.

Lifelong spiritual learning is one of the hallmarks of life at St. Andrew. Please join us for rich conversation and fellowship.

~Beth Lyon-Suhring, Director of Christian Education

CAPS BBQ FUNDRAISER

Sunday, September 15

Please plan to join your St. Andrew family and folks from many other Suffolk churches at the **Coalition Against Poverty in Suffolk (CAPS)** Annual Fundraiser Dinner on Sunday, September 15th. The meal again will be catered by Capt. Bob's of Edenton, NC and will include, BBQ, fried chicken, coleslaw, hushpuppies. Tickets are \$16 each. The meal will be served carry-out only at Westminster Reformed Presbyterian Church at 3488 Godwin Blvd. in Suffolk from 11:00am until 2:00pm. The food is guaranteed to be plentiful and delicious as always. Tickets can be purchased online at www.capsuffolk.org/bbq at any time or Sundays at St. Andrew. If you have a scheduling conflict that Sunday but would like to support the CAPS mission, consider a cash donation which will provide meals for Suffolk First Responders. Thank you for supporting this vital ministry that serves our less fortunate brothers and sisters in Suffolk.

~David Mckercher

PRESBYTERIAN WOMEN



The 2024-2025 PW Bible study and monthly meeting will begin on September 10 at 10:00am in the Atrium. The study is titled *Let Justice Roll Down: God's Call to Care for Neighbors and all Creation* by Patricia Tull. **Beth Lyon-Suhring** will present the first lesson, *Environmental Justice*.

Circle meetings are on the second Tuesday of each month from September to May. All St. Andrew women are invited. Please join us.

Loyce Bryan, PW Moderator

PRESBYTERIAN MEN

The next Presbyterian Men's Group gathering takes place on September 9 at 6:00pm in St Andrew Hall. Dinner is available for \$10.00. We will continue with our guest speaker series; we've had a wonderful mix of speakers and topics. Watch for the sign-up sheet in the atrium. If you have any questions, please contact **Roger Nelson, Lin Hanbury, John Gillis, or Bob Thompson**.

~ Bob Thompson



One of our favorite service projects is just around the corner! We will be packaging over 15,000 meals to help feed God's hungry children around the world on **Saturday, September 28**. All ages are encouraged to participate and great fun and fellowship are guaranteed! We will need 60 volunteers with 6 coming early to help set-up at 8:00am The event will begin at 9:30 and last about two hours. Please arrive by **9:15** to get checked in and ready. We will also need 6 volunteers to stay after and help with cleanup.

St. Andrew has funds budgeted for 15,120 meals at \$0.40/meal. As Mission & Service has done in the past, the congregation is challenged to contribute to a special offering to increase that number. For example, \$100 will provide 250 meals. To contribute to this special offering for "RAH," mail your check to St. Andrew (1885 Bridge Road Suffolk, VA 23433) or place it in the offering plate any time up to September 8th. Check should be made out to St. Andrew Presbyterian Church, with a note "RAH."

Register in the Atrium to participate or register on-line at **Event Page**: This is the link for our online Event page.

<http://events.riseagainsthunger.org/standrewpres2024>

~Mission & Service;

~Kyle Madden, Karen Topping, Danny Lovell & Rob Estes

NURSERY WORKER **VOLUNTEERS NEEDED**

A HUGE THANK YOU to all the Nursery Volunteers who have helped us this summer.

We still need help in the fall especially after Rally Day when we resume extended hours. It would be helpful for scheduling, if you could choose one whole Sunday (all 3 hours: 9:00; choir, 10:00; Worship & 11:00; Sunday school) to volunteer per month or quarter. Please contact **Carol Wilson** at carolwilson8266@gmail.com or 757 621-5009 for more information.



KIRK NIGHT

St. Andrew's Mid-Week Program for All Ages

September 18 through November 20, 2024

What in the world is a 'Kirk Night'? 'Kirk' is the Scottish word for church, so 'Kirk Night' is an evening spent at church.

At St. Andrew, Kirk Night is an evening that includes a meal and programming for all ages. The Fall season of Kirk Night begins Wednesday, 18 September. Come for the meal, join us for the classes, or take part in both. Here are the details:

Dinner. Kirk Night dinners are provided by a different church organization each week. Check the church bulletin on Sunday to find the menu for Wednesday. Dinner begins at 5:45pm and ends at 6:30 when classes start. The cost is \$4.50 for adults and \$2.50 for children, with a maximum charge of \$20.00 per family.

Classes. Join our classes for elementary-aged children through adults. Nursery care will be available by request. Classes begin at 6:30pm and run through 7:30pm.

For Children

- 6:30 – 7:00 - **Music Makers Music Class** (Room 14, behind the sanctuary) Children from Kindergarten through fifth grade can participate in this child-centered music program. Led by **Cara Boyle & Music Director Al Reese**, children are introduced to new songs, musical prayers, and instruments that are all combined in Worship to praise God.

- 7:00 – 7:30 – The children's **art class** this fall will offer Kindergartners through fifth graders an opportunity to participate in a number of different art projects

For Youth

- 5:45 – 7:30 – **Youth Group** meets in Room 202 on the second floor of the education building under the direction of Youth Director **Angie Hillis-Baurle**. Middle School and High School youth begin with dinner and enjoy fellowship and learning together. (Angie says, "Hope to see you there and feel free to bring a friend.")

For Adults

- 6:30 – 7:30 – **Feeling Heard/ Hearing Others: Supporting Mental Health for the People of God.** This ten-week series of classes for adults will include visiting speakers and a video series on the role of the church in supporting one another with mental health challenges. See article on page 5 for full description.

~Beth Lyon-Suhring, Director of Christian Education



Music Notes from Al

Welcome back from the Summer!

First, my thanks to the Combo for their unwavering service – these folks make everything look and sound so easy, and their flexibility is unmatched.

Second, thanks to the folks who stepped in to provide the anthems and other music during the summer – **Cara & Roz Boyle, Carolyn Kowalski, Theresa Carpenter, Mo & Houston Higgs, Tammera Missel, Clay Ames, Steve Suhring, Mark Hendrickson** and, of course, the **Luck Family Singers!**

Are you looking to get involved in the St. Andrew Music Ministry? It's not too late to get involved - there is room in the Chancel Choir, the Bell Choir and the Combo. **The Chancel (singing) Choir** rehearses on Wednesday nights from 7:30-8:30 (when Kirk Night is not in session, we begin at 7); the ability to read music is helpful, but not required – all ages from grade 9 and up are welcome! AND you have reserved seats for the service!

The Celebration Ringers (handbell choir) rehearses on Tuesday nights from 7-8:15 – there is room for a couple more ringers – the ability to read music is necessary for the bell choir.

Our Combo rehearses on Sunday morning at 9 in preparation for the service – our instrumentation is very eclectic and flexible – if you are an instrumentalist, we have a part for you!

If you are interested in sharing your talents, please speak with me after Sunday service, or contact me by phone (757) 416-2478 or via email

music.standrewpres@gmail.com

[See you in worship!](#)

~Al Reese, Music Director



**October Bagpiper info
is due on
September 22.**

Please submit articles in a Word document.

FEELING HEARD / HEARING OTHERS:
Supporting Mental Health for the People of God
A Ten-Week Kirk Night Class for All Adults

Neuroscience researchers continue to uncover the mysteries of the human brain. This complex organ has billions of nerve cells (neurons), thousands of connections from each neuron to other neurons, and trillions of possible pathways for nerve impulses to travel. Mental health challenges are multi-faceted.

*~Mental Health Challenges and the Church;
 Faithward.org*

Mental health may be one of the biggest elephants in the room in the church. This fall we aim to make it less scary by learning more about what it is in our Kirk Night class for adults. Our goal will be to equip the people of God (that's all of us!) to provide sanctuary to those struggling with mental health issues. "Those struggling" may indeed be ourselves.

Here's what we have planned:

Grief and Loss (Wednesdays, 9/18, 9/25, and 10/2). All of us have experienced the personal grief of losing people dear to us. What we may not realize is that there can be real corporate grief in the life of a congregation as well. Losing a beloved minister like Pastor Gillian opens a range of emotions, including sadness, anger, guilt, and many other feelings. Our own **Jody Luck**, a Certified Grief Counselor, will lead us through three weeks of exploring the various forms grief can take, understanding how communal grief works, and learning about healthy ways to cope with grief.

Healthy Coping Skills for Everyone (Wednesday, 10/9).

This class will focus on tending to mental health needs, highlighting several Christian practices that are also healthy coping skills. We'll learn about practices that encourage mental and emotional health, such as prayer, maintaining multigenerational relationships, being part of a community, seeking experiences of awe, etc. Our leader will be **Martha Mitchell**, former pastor at Simonsdale Presbyterian Church in Portsmouth, and now a Resident in Counseling.

Suicide Prevention (Wednesday, 10/16). **Martha Mitchell** will return for a one-night overview on suicide prevention. The U.S. suicide rate has climbed 36% over the past two decades and is one of the leading causes of death in this country. The Centers for Disease Control has identified a number of strategies for preventing suicide, among them encouraging healthy connections among people. We'll learn more about how each one of us can be a part of a support system for those struggling with thoughts of self-harm.

Sanctuary Mental Health (Wednesdays, 10/23, 10/30, 11/6, 11/13, and 11/20). The final five weeks of our mental health series will draw from "The Sanctuary Course," a video-based series produced by the Canadian organization Sanctuary Mental Health. Our goal will be to equip the St. Andrew Community to become a sanctuary – a place where individuals living with mental health challenges can feel safe and supported. The course draws on the expertise of mental health professionals, pastors, and people living with mental health issues. **Beth Lyon-Suhring**, Director of Christian Education, will facilitate the discussion.

This adult Kirk Night class will run from 6:30 – 7:30pm each Wednesday evening and will meet in Room 204 on the second floor of the education building. Please join us!

~Beth Lyon-Suhring, Director of Christian Education

PRAYERS & SQUARES QUILTING

September meetings will be **Friday, September 13 and Friday, September 27** at 10:00am in St Andrew Hall. Come enjoy time with other St. Andrew members and help make prayer quilts. If you've been attending before, please bring whatever project you have and are working on. If you are interested in learning about quilts and sewing, come see what we are doing in September.

We have many quilts ready to be dedicated and given to someone in need of prayer. Please don't hesitate to request a prayer quilt. If you would like to request a prayer quilt for a friend or family member, please complete a request form and put in **Frances Jornov's** box or contact her at francesjrnv@charter.net or 757-646-8955. Also, there are Pocket Prayer Squares in the atrium that you may take to include in a card or give to someone. Say a prayer, tie a knot and pass it to your friend or relative. They will fit in a pocket or purse and the person can take your prayers everywhere with them.

There are three sewing machines in the Prayers and Squares closet. If you are 12 years old or older, give Frances a call to let her know of your interest in learning to sew or if you need a review to use your sewing machine. Frances would like to have a beginner's sewing class. You may use one of our machines or bring your own.

The Prayers and Squares group is continuing to create quilts to be given in December for the Angel Tree gifts. If you sew and would like to help make quilts for this project, let Frances know. You may get supplies from us and sew at home

Come join us! You don't have to sew--we need help putting the ties into the quilts, pressing fabric and matching fabric for future quilts. And don't forget we do enjoy the visiting! Looking forward to seeing your smiling faces!

~Frances Jornov

St. Andrew Presbyterian Church Finance Committee Report

For Year-to-Date 7/31/24

	<u>Jul Amt</u>	<u>YTD Actuals</u>	<u>YTD Budget</u>
Income	\$44,410	\$279,994	\$304,413
<u>Expenses</u>	<u>\$43,130</u>	<u>\$269,784</u>	\$308,470
Net Income	\$1,280	\$10,210	

Current Assets

TowneBank Accounts	\$144,557
Ed Jones Investment	<u>\$157,161</u>
Total Current Assets	\$301,717

Endowment Funds

General	\$478,181
Mission	<u>\$204,974</u>
Tot Endowment	\$683,155

Current Liabilities

Payroll & Other Liab	\$1,445
Earmarks	<u>\$149,073</u>
Tot Current Liabilities	\$150,518

Mortgage

Balance	\$430,187
Monthly Amt	\$5,200

Net (Current Assets – Current Liabilities) = \$151,199

Our monthly income for July exceeded our expenses by \$1,280 making our year-to-date net income \$10,210. Comparing our YTD Actuals with our YTD Budget, the numbers show that both our YTD income and expenses are below what we had budgeted. Even with a large withdrawal to fund the replacement of an HVAC unit, our Endowment Funds continue to show steady growth hitting a high for the year. Our current assets consisting of our TowneBank checking and money market accounts and our Ed Jones Investment account exceed our total current liabilities (that are almost totally earmarks) by \$151,199.

We are beginning our 2025 Stewardship Campaign with the theme, **“God can do it; We can help.”** We hope that each of you will help by pledging to support the work that we do at St. Andrew. Keep on the lookout for Stewardship Snippets that will appear in the Sunday Bulletin.

~Finance and Stewardship Committee



SOUP KITCHEN

Thursdays, September 19

Salvation Army; Bank Street, Suffolk
Cupcakes needed at St. Andrew by 9:30am



THANK YOU EVERYONE for the wonderful birthday cards. My heart just overflowed from the blessings and love from everyone. Love and big hugs to everyone.

Midge Gray

(Midge turned 90 years old in June.)

SUFFOLK CHRISTIAN FELLOWSHIP CENTER

Donations due on September 15

*(Clothing and shoes, with an emphasis on items for men,
as well as blankets, bedding, linens and towels)*

Donated items can be brought to St. Andrew on the 3rd Sunday of each month and placed in the same area as the food that is collected and delivered to SCFC. If you have any questions, please contact **Danny Lovell** or **Rob Estes**.



A BIG THANK YOU to all who donated food and their services to make the farewell reception for Pastor Gillian so successful. We also want to thank all the church members who attended the reception. It was a bittersweet combination of good food and fellowship as we said our goodbyes and shared our love with Pastor Gillian.

~ The Fellowship Committee:

Angel Henkel, Amy Gray, and Angela Martin



Please remember in prayer the family and friends who have recently lost loved ones:

- Wes Newman's mother, Sheila Newman, passed away on July 8, 2024.
- The family of long time St. Andrew member Prestley Smith, who passed away on July 16, 2024.



**Camp Hanover is a ministry partner with the
Presbytery of the James
and Presbyterian Church (U.S.A.)**

Come to the Waters: Women's Retreat; October 4-5

Step out of your usual routine and gather near Camp Hanover's lake this fall. Reflect on the gift and responsibility of water in connection to the places in our lives where we feel parched and distressed, and the places we find nourishment and refreshment. We'll find time to rest and recreate, connect and be quiet, pray and play.

This weekend of faith and fellowship in the beautiful setting of Camp Hanover helps women get away from the hustle and bustle of day-to-day life. We take care of the details, so you can relax and enjoy time away. Come alone, or with friends!

Web page for details and to register (registration ends 9/29:

<https://www.camphanover.org/womens-retreat/>

Facebook event:

<https://www.facebook.com/events/1438195983550850>

~Kelley Hope;

Communications Specialist, Camp Hanover



SEPTEMBER ANNIVERSARIES

- | | |
|----|-----------------------------------|
| 11 | Laura & Wade Gibbs |
| 11 | John & Lois Taylor |
| 13 | Steve Suhring & Beth Lyon-Suhring |
| 14 | Jim & Theresa Carpenter |
| 15 | Glen & Elizabeth Fachin |
| 17 | Charles & Mary-Catherine Foster |
| 18 | Kevin & Trisha Hamilton |
| 24 | Joe & Frances Robb |



Congratulations to Kaitlin Perry McClung, daughter of **Debra & Goerge Perry**, on the birth of Ella Rose on August 16, 2024. She weighed 7.5 pounds, and was 21 inches long.

DEACON'S FUND

Every 5th Sunday St. Andrew collects what is called the Deacon's Fund. On that day the loose plate offering is set aside to provide assistance to members of the church who need some temporary help in making ends meet, paying unexpected medical bills, or emergency repairs.

September is a 5th Sunday month. Please consider giving a little extra cash that day to help those in need.

BACK-TO-SCHOOL LAUGHS

These education-themed riddles will make the return to classrooms more fun!

Why was the arithmetic book so sad?

It had too many problems.

What school supply is in charge of the classroom?

The ruler

What does the English teacher make for breakfast?

Synonym rolls

Why doesn't the school library have a clock?

It tocks too much.

What is the blackboard's favorite drink?

Hot chalk-olate



SEPTEMBER BIRTHDAYS

Trish Hamilton	1
Johnny Babyak	2
Don Golding	4
Jonny Luck	4
Jeremy Walker	4
Angie Hillis-Baurle	6
Sue Harrison	7
Paul Smith	7
Jadyn Schoenberg	8
April Newman	9
Georgia Richardson	9
Howard Goodwin	10
Margaret Richardson	10
Kim Stephenson	10
Rosalind Boyle	12
Will Topping	12
Quinn Bradshaw	14
Dusty Poe	14
Joan Jensen	18
Tim Hamer	18
Laura Welander	18
Megan Coston Bell	19
Theresa Carpenter	20
Justin Henson	21
Jim Topping	21
Val Jacques	21
Steve Poole	22
Jacqueline Cutler	25
Alexis Henson	25
John Caggiano	26
Bonnie Harper	29
Linda Crawford	30

STEPHEN MINISTRY

Many Presbyterian congregations have found great ways to expand their care for church members and people within the community through Stephen Ministry. Stephen Ministers are lay congregation members trained to provide one-to-one care to those experiencing a difficult time in life, such as grief, divorce, job loss, chronic or terminal illness, or relocation.

The Stephen Ministers at St. Andrew are supported by the ruling elders and coordinated by **Angie Hillis-Baurle**. Our Stephen Ministers are **Tammera Missel, David McKercher, Sandy Poole, & Steve Suhring**. If you are in need of care by a Stephen Minister at St. Andrew contact **Angie Hillis-Baurle** at lovemusic68@hotmail.com or cell # (757) 615-3873.

BIBLE QUIZ







Who helped Samuel understand that it was the Lord calling him in the night?

- A. his mother, Hannah
- B. Moses
- C. his father, Elkanah
- D. Eli

Answer: See 1 Samuel 3:1-10



SAM'S Helping Hands*
(SAM – St. Andrew Men)
Not able to get around much anymore?
Need a hand with painting, yard work, transportation, general maintenance?
For Details about help, call Russell Richards at 757-538-0515 or the church Office at 757-238-3550.
**A free service for St. Andrew members provided by St. Andrew Presbyterian Men.*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Worship Service; Communion No Church School	2  LABOR DAY 9:00 – 10:00 Yoga, SAH* 10:00, Stitching, CEB* 7:00 AA & Al-Anon, Alateen – CEB*	3 7:00 – 8:15 Celebration Bells	4 9:00 – 10:00 Yoga (CEB*) 7:00 – 8:30 Chancel Choir	5	6 St. Andrew Volunteers Deliver Meals on Wheels	7
8 <u>Rally Day</u> 10:00 Worship Service 11:00 Rally Day Activities Last day to make a monetary donation to Rise Against Hunger	9 9:00 – 10:00 Yoga, SAH* 10:00, Stitching, CEB* 6:00 Presbyterian Men, SAH* 7:00 AA & Al-Anon, Alateen – CEB*	10 9:30 – 5:99 RSA* (CEB*) 10:00 Presbyterian Women Circle in Atrium 7:00 – 8:15 Celebration Bells	11 9:00 – 10:00 Yoga (CEB*) Noon Widows Walk; library 7:00 – 8:30 Chancel Choir	12	13 St. Andrew Volunteers Deliver Meals on Wheels 10:00 Prayers & Squares Quilting, (SAH*)	14
15 10:00 Worship Service 11:00 Church School for all ages 11:00 – 2:00 CAPS* BBQ Fundraiser SCFC* Clothing Donations Due	16 9:00 – 10:00 Yoga, SAH* 10:00, Stitching, CEB* 7:00 AA & Al-Anon, Alateen – CEB*	17 9:30 – 5:99 RSA* (CEB*) 7:00 – 8:15 Celebration Bells	18 9:00 – 10:00 Yoga (CEB*) <u>Kirk Night Begins</u> 5:45 Dinner, Meatball Subs 5:45 Youth Group 6:30 Programs for all ages 7:30 – 8:30 Chancel Choir	19 Salvation Army Soup Kitchen, Bank Street, Suffolk 6:30 Diaconate & Session, SAH*	20 St. Andrew Volunteers Deliver Meals on Wheels	21
22  First Day of Autumn 10:00 Worship Service 11:00 Church School for all ages <u>October Bagpiper Info Due</u>	23 9:00 – 10:00 Yoga, SAH* 10:00, Stitching, CEB* 7:00 AA & Al-Anon, Alateen – CEB*	24 9:30 – 5:99 RSA* (CEB*) 7:00 – 8:15 Celebration Bells	25 9:00 – 10:00 Yoga (CEB*) Noon Widows Walk; library <u>Kirk Night</u> 5:45 Dinner, Soup 5:45 Youth Group 6:30 Programs for all ages 7:30 – 8:30 Chancel Choir	26	27 St. Andrew Volunteers Deliver Meals on Wheels 10:00 Prayers & Squares Quilting, (SAH*)	28  9:30 – 11:30 Atrium (Arrive at 9:15 to check in)
29 10:00 Worship Service Deacon's Fund Collected 11:00 Church School for all ages	30 9:00 – 10:00 Yoga, SAH* 10:00, CEB* 7:00 AA & Al-Anon, Alateen – CEB*					

*Coalition Against Poverty in Suffolk (CAPS) *Christian Education Building (CEB) *St. Andrew Hall (SAH) *Suffolk Christian Fellowship Center (SCFC)
*Renaissance School for the Arts (RSA)